



ROSARIO YOUTH CENTRE



-NEWSLETTER-



WHAT TO EXPECT IN THIS ISSUE

- HALLOWEEN @ ROSARIO
- RSE PROGRAMME - NAVIGATE
- KINDNESS COUNTS WORKSHOP DAY
- STAFF ONLINE RESOURCES
- STAFF SAFETALK TRAINING
- CHRISTMAS @ ROSARIO

HALLOWEEN & CHRISTMAS TIME

Dark nights, cold and wet weather lead to tea, biscuits and good conversations and discussions at Rosario.

This time of year at Rosario we always have so much to celebrate with Halloween and Christmas, we love to make a big fuss and have events planned for the young people to enjoy.

This year a group of young volunteers planned and applied for funding to help run the Halloween and Christmas Events!

We also had lots of other things going on through the centre with new members, group work programmes and events to help educate and spread awareness.

Read on to find out more!





HALLOWEEN @ ROSARIO

Around Halloween, we love to make a fuss and plan lots of events for young people to enjoy. We were a little restricted on what we could do this year with Covid but we made the most of it.

This year our young volunteers applied for funding to help put on a series of events for the juniors members, the Halloween party was one of them and they did a spectacular job and everyone loved the event.

They had fancy dress, arts and crafts, candy apple making, build-a-bear, scary movies, nurf wars and plenty of sweets to go round!

RSE PROGRAMME – NAVIGATE

Many of our young people had an amazing opportunity to work with Sarah from the Navigate Programme over the past couple of months.

Sarah was able to talk to the young people about sex, identity and relationships to help young people gain the knowledge, skills and understanding to help them make informed decisions.

This was across all age groups with the programmes tailored to be age-appropriate for the group that she was working with.

The young people really enjoyed working with Sarah and they learnt valuable things that will help them make positive informed choices in their future.



KINDNESS COUNTS

To celebrate world kindness day in November, the young people at Rosario participated in a kindness counts workshop where they worked together completed a range of games and activities to help understand the importance of kindness and its promotion.

Young people made each other kindness jars that were filled with positive comments about each other, they were part of a workshop where they created a kindness carter for the youth centre and they learnt all about the importance of kindness and how amazing and wonderful kindness is and how good it can make people feel.

Everyone got a certificate to show them the importance of participating in this workshop and they aim to ensure that kindness spreads through the youth centre at all times!!

WELL DONE EVERYONE !!!





STAFF ONLINE RESOURCES

Over the past few months, each staff member has taken ownership of creating and posting resources on our social media pages to help young people. The themes of our posts have stemmed from conversations that we have all had with young people.

So far the response has been great and some young people have used and benefited from them.

We hope to continue this in the future and change up the themes based on young peoples needs!

SAFETALK TRAINING

Some of the staff members at Rosario YC participated in the safeTALK training.

"safeTALK is a half-day (3.5 hours) suicide prevention training course that can help you make a difference. Know what to do if someone's suicidal by following the easy to remember TALK steps – Tell, Ask, Listen and Keep-safe. These practical steps offer immediate help to someone having thoughts of suicide and help you both move forward to connect with more specialised support."

This was a really beneficial training session and hopefully we can have some young people participate next time as the learning is so valuable to help take the stigma away from talking about suicide.



CHRISTMAS @ ROSARIO

Christmas is our favourite time of year here at Rosario. We love to go all out and make it very special for all our members.

The Juniors always have their Christmas party, with games, candy cart and other new activities this year such as build-a-bear, slush puppies and gingerbread people decorating.

The Seniors always have their Christmas dinner with all the trimmings, games and lots of Christmas music!

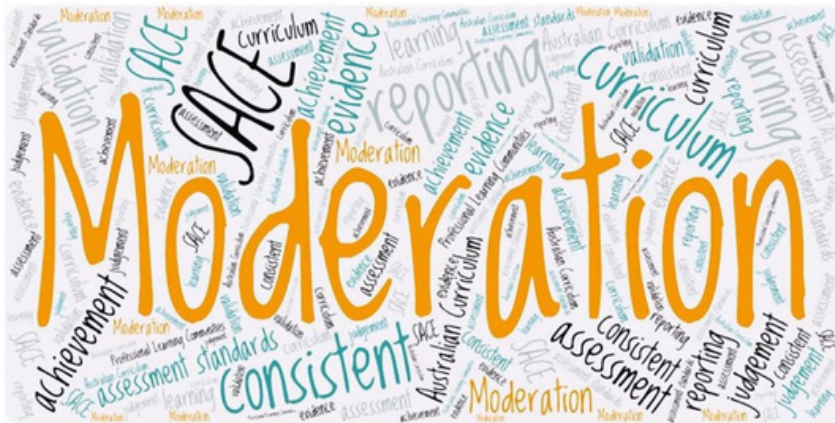
This year's celebrations were planned and organised by our volunteers and they did an amazing job we couldn't be prouder of them!

Well done

Until next year!



HIGHLIGHTS



QUARTERLY MODERATION

As a youth centre that is funded by the EA (Education Authority), we get a quarterly moderation for the EA to ensure that we are meeting all our targets and that our services are benefiting and helping young people.

In this, there are four areas that they look for and in two of the areas we scored 'Outstanding' and in two we scored 'Good' which all our staff are super pleased with!

We know there is more that we can do and we are also working to make sure our youth centre is the best it can be for all young people.

CHRISTMAS HAMPER

Our yearly Christmas hamper appeal that is donated by one of our young people was successful again this year.

£200 was raised for the Northern Ireland Hospice going towards their kindness counts campaign.

Thank you to everyone that donated and well done to our winners!



Competition



COMPETITION

For the chance to win a £10 Amazon voucher, Create something with the theme of 'Kindness counts'. **Hand into the Youth Centre before Monday 28th February 2022**